

# HAWTHORN GRILL BREAKFAST MENU

7AM - 10AM

## BALANCED START

**\*AVOCADO TOAST** 21  
two sunny eggs, smashed avocado,  
pico de gallo, frisee, radish, heirloom tomato,  
lime vinaigrette, multigrain bread  
substitute scrambled tofu vG  
GF upon request  
OLEIC ACID | FIBER | VITAMIN C

**VERY BERRY CRUNCH** 17  
honey vanilla yogurt, granola, berry compote  
CALCIUM | POTASSIUM | VITAMIN C

**STEEL-CUT OATMEAL** 16 vG, GF  
brown sugar, berries, milk  
IRON | POTASSIUM | FIBER

**FRUIT OF THE MOMENT** 18 v, GF  
seasonal fruit, honey vanilla yogurt  
VITAMIN B3 | VITAMIN A | VITAMIN C

**ASSORTED DRY CEREAL** 15 v  
milk, berries  
VITAMIN A | CALCIUM | IRON

**CHIA SEED PUDDING** 17 GF  
almond milk, vanilla beans, berry compote  
FIBER | PROTEIN | OMEGA 3

**\*EGG WHITE OMELET** 22 v  
egg whites, spinach, tomatoes, mushrooms, goat cheese,  
choice of toast, hash brown or fruit bowl  
PROTEIN | SODIUM | POTASSIUM

**\*TRADITIONAL EGGS BENEDICT** 23  
two poached eggs, english muffin, canadian bacon,  
hollandaise, hash browns  
sub smoked salmon: 4.99  
sub crab cake: 19.99  
VITAMIN C | POTASSIUM | VITAMIN B6

## CHEF'S CHOICE

**\*STEAK N' EGGS** 46 GF  
two eggs any-style with a charbroiled  
6 oz. filet, breakfast potatoes  
VITAMIN B12 | VITAMIN B3 | IRON | OMEGA 3

**LOX & BAGEL** 22  
herbed cream cheese, red onion, capers, cucumber,  
tomato on an everything bagel  
(GF Bagel available on request)  
PROTEIN | VITAMIN D | OMEGA 3 | SELENIUM

## CLASSICS

INCLUDES JUICE & CHOICE OF COFFEE, TEA OR SOFT DRINK

**DELUXE CONTINENTAL BREAKFAST** 24  
fresh fruit, your choice of any two  
breakfast breads or pastries  
VITAMIN C | CALCIUM | VITAMIN B

**CINNAMON-SCENTED FRENCH TOAST** 20  
berries  
VITAMIN C | POTASSIUM | VITAMIN B6

**\*ALL-AMERICAN** 26  
three eggs any-style with hash brown potatoes, toast  
choice of one: bacon, turkey bacon, pork sausage,  
ham, vegetarian sausage  
sub egg whites 1.99  
VITAMIN C | POTASSIUM | VITAMIN B6

**CLASSIC BUTTERMILK PANCAKES** 20  
whipped butter, maple syrup,  
add on: chocolate chips or blueberries 2.99  
PROTEIN | VITAMIN C | CALCIUM

**\*YOUR WAY BREAKFAST** 23  
two eggs any-style, choice of bacon or sausage, hash brown, toast  
PROTEIN

**WAFFLE** 22  
butter, fresh berry compote, maple syrup  
FIBER | CALCIUM | VITAMIN A | VITAMIN B6

## SINGLE SERVINGS

**\*TWO CAGE FREE EGGS ANY STYLE** 9 GF  
PROTEIN | VITAMIN D

**FRESH BERRIES** 9 GF  
ANTIOXIDANTS | VITAMIN C | VITAMIN K

**MIXED FRUIT** 7 GF  
VITAMIN C - B6 | POTASSIUM

**AVOCADO** 7 GF  
OLEIC ACID | FIBER | VITAMIN C

**CRISPY HASH BROWNS** 7 GF  
SODIUM | VITAMIN C | CALCIUM POTASSIUM

**ASSORTED MUFFINS** 9  
one blueberry, one banana,  
and one bran muffin  
VITAMIN A - B9 | IRON | CALCIUM

**BAGEL** 7  
plain or everything  
CARBOHYDRATES | FIBER | PROTEIN | SODIUM

**TOAST** 7  
white, wheat, sourdough, rye,  
english muffin or gluten-free bread  
CARBOHYDRATES | FIBER | PROTEIN | SODIUM

## CUSTOM OMELETS

**\*CAGE-FREE OMELET YOUR WAY** 26  
hash browns or seasonal fruit, choice of toast  
choose up to four ingredients below:  
VITAMIN A | VITAMIN B12 | SELENIUM

### Protein

sausage, bacon, ham, chicken sausage

### Cheese

cheddar, goat cheese, swiss, pepperjack

### Vegetables

onion, bell pepper, mushroom, avocado, spinach,  
jalapeño, tomato

## ADD ON

**\*One Egg** | 5

**Crispy Bacon** | 7

**Turkey Bacon** | 7

**Pork Sausage** | 9

**Chicken Sausage** | 9

**Canadian Bacon** | 7

## BEVERAGES

**JUICE** 8  
orange, grapefruit, apple, tomato, pineapple, cranberry

**ICED TEA** 8

**SOFT DRINKS** 6  
assorted Pepsi flavors

**HOT TEA** 6

**HOT CHOCOLATE** 6

**PANNA WATER** 10  
750 ml

**DRIP COFFEE** 5  
regular | decaffeinated

**SAN PELLEGRINO  
SPARKLING WATER** 10  
750 ml

**MILK** 8  
whole, 2% skim, almond, soy